



M.N. Spear Memorial Library
10 Cooleyville Road
Shutesbury, MA 01072
259-1213
mnspear.org

Family Cooking
with
Chef Gail



**Chef Gail will
demonstrate how to make delicious, healthy,
family friendly meals.
Everyone will eat lunch.**

Registration required—259-1213

*This program is supported in part by a grant from the Shutesbury Cultural Council,
a local agency which is supported by the Massachusetts Cultural Council, a state agency.
Additional funding provided by the Friends of the M.N. Spear Memorial Library.*

Two Saturdays

January 31st
11 am—1 pm
Menu

Roasted Squash Soup
Parmesan Crusted
Chicken Nuggets
Oven Fries
Broccoli Slaw

&

February 14th
11 am—1 pm
Menu

Cream of Tomato Soup
Black Bean Burgers
Guacamole
Kale Chips